NASHIA's March 2021 Brain Injury Awareness Month Campaign: This week's spotlight is on Texas brain injury programs and their upcoming webinars and conference.



NASHIA: Working Together Promoting Brain Injury Awareness Month

# This Week's State Spotlight: Texas

During March, the National Association of State Head Injury Administrators (NASHIA) is featuring articles about individuals living with brain injury; State resources and services and initiatives promoting awareness and improving service delivery. This week, NASHIA features **Texas** brain injury programs and upcoming webinars and conference, which is taking place this week and next.

Have a story to share? Send to Susan Vaughn at <u>publicpolicy@nashia.org</u>. Meanwhile, you may access NASHIA's Awareness Campaign materials <u>here</u>.



# Programs and Resources for Texans with Brain Injuries

This week's *Spotlight* features the Texas Health and Human Services (HHS) Brain Injury Programs (BIP), which include:

- The Office of Acquired Brain Injury (OABI) and
- The Comprehensive Rehabilitation Services (CRS) Program.

These programs utilize a wraparound model, person-centered planning and practices and trauma informed care to integrate a holistic approach for persons with a brain or spinal cord injury, caregivers and the community. The resiliency of Texans served in BIP and the amazing work of staff are highlighted in the video,



Resources for Texans with Brain Injury Comprehensive Rehabilitation Services

In the video above, meet **Jaclyn**, who survived a gunshot; **Daniel**, who survived a car crash after having a seizure while driving; **Julio**, who survived

### "Resources for Texans with Brain Injury."

**<u>OABI</u>** provides outreach, education, prevention strategies and resource facilitation for all acquired brain injuries – both traumatic and non-traumatic. The program develops educational materials to encourage awareness about brain injury, the prevention of brain injury, and training to both internal and community partners, including law enforcement.

OABI also provides resource facilitation to support people with a brain injury, their family, or caregivers to find and connect them with the services and support they need.

**<u>CRS</u>** supports people with a traumatic brain injury or traumatic spinal cord injury and utilizes a wraparound model, personcentered planning and practices and trauma informed care to integrate a holistic approach for persons that receive support. The program collaborates with various agencies and organizations to offer supports and resources for all identified needs such as rehabilitation services, durable medical equipment, psychological services, substance abuse, housing and independent living supports.

CRS supports are individualized and strength-based to encourage resiliency, the use of natural supports, self-advocacy, collaboration, education and the utilization of community supports. a motorcycle crash; and **Mark**, who survived being hit by a car. These individuals share their stories along with staff who explain Texas programs and resources.

The <u>Texas Brain Injury Advisory Council</u> (TBIAC) provides recommendations to addresses strategic planning, policy, rules and services related to preventing brain injury and providing rehabilitation and longterm services and supports for people who have experienced brain injuries with the goal to improve their quality of life and ability to function independently in the home and community.

Texas Brain Injury Programs have resources available, including the <u>Texas</u> Brain Injury Resource Guide, an online interactive map to locate <u>support groups</u> based on the person's zip code, and several <u>educational materials</u> available for download or order.

Visit the program websites to learn more about <u>CRS</u> and <u>OABI</u>.



## Who is Eligible for CRS Services?

To be eligible you must:

- Have a TBI or traumatic spinal cord injury (TSCI) which was caused by an external physical force which significantly affects your ability to function within your home or community in terms of self-care, mobility or communication.
- Be at least 15 years of age.
- Be a U.S. citizen or lawful permanent resident and a Texas

## What Kind of Services are Provided?

### -- Inpatient Rehabilitation Services

Services provided in a hospital setting to address medical and rehabilitation issues that require 24-hour-a-day nursing services. Depending on time frame of application, these services are available to consumers who have a TBI, TSCI or both.

# -- Post-acute brain injury services (PABI)

Services to address deficits in functional and cognitive skills, including behavior management, coping skills development and compensatory strategies. The services

### resident.

- Be willing to participate in services.
- Be medically stable enough to participate in rehabilitation activities.

may be provided in a residential or nonresidential setting.

### -- Outpatient Therapies

For more information go to the CRS website.



2021 Texas Brain Injury Webinars Registration

### 2021 Texas Brain Injury Conference Registration

In recognition of Brain Injury Awareness Month in March, Texas Brain Injury Programs is offering a free, **virtual 2021 Texas Brain Injury Conference and Webinar Series**. The theme is "Bridging Silos: Connecting Systems of Care with a Person-Centered Approach." State and national experts will share information on brain injury, person-centered planning and bridging silos. All activities are free and open to the public. Webinars are held each Wednesday in March from 12:00-1:00pm (CT) and the conference will take place on March 25-26, 2021. View the <u>webinar agenda</u> and <u>conference agenda</u> to learn more about session topics, speakers, learning objectives. Continuing education credits for all learning sessions are available. Please register to attend!



NATIONAL ASSOCIATION OF STATE HEAD INJURY ADMINISTRATORS

The National Association of State Head Injury Administrators assists State government in promoting partnerships and building systems to meet the needs of individuals with brain injuries and their families.

## Support States. Grow Leaders. Connect Partners.

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