

Using the YSTEP with Children and Youth: A Successful Intervention Model



April 5, 2023
Noon-1:00 pm ET

2023 Webinar Series



NASHIA

Welcome!

Maria Crowley

Director, Professional Development
Moderator



NASHIA

Webinar Information

- Problems?
 - Send a chat to the moderator
 - Visit Zoom's Support site
- Questions?
 - Please use the Q and A feature
- Closed Captioning
 - Available at the bottom of the viewing window

About NASHIA

Nonprofit organization created to assist State government in promoting partnerships and building systems to meet the needs of individuals with brain injury and their families.





Join NASHIA!

- Individual and Group Memberships
 - Save on Training and Certificates of Attendance
 - Access to National Member Directory
 - Networking Meetings
 - info@nashia.org
- 



Technical Assistance and Consultative Services Available

Examples:

- Data Collection
- Speakers Bureau
- Workshop Facilitation
- Interagency Coordination
- Person-Centered Thinking
- Public Policy

info@nashia.org



Today's Webinar

- Handouts and CEs/Certificate of Attendance:
 - Available on NASHIA's site after the webinar
 - Member needing Certificate of Attendance,
Contact: hcushen@nashia.org
- Archived Recording:
 - nashia.org > Training U > Trainings On Demand

Today's Presenter:

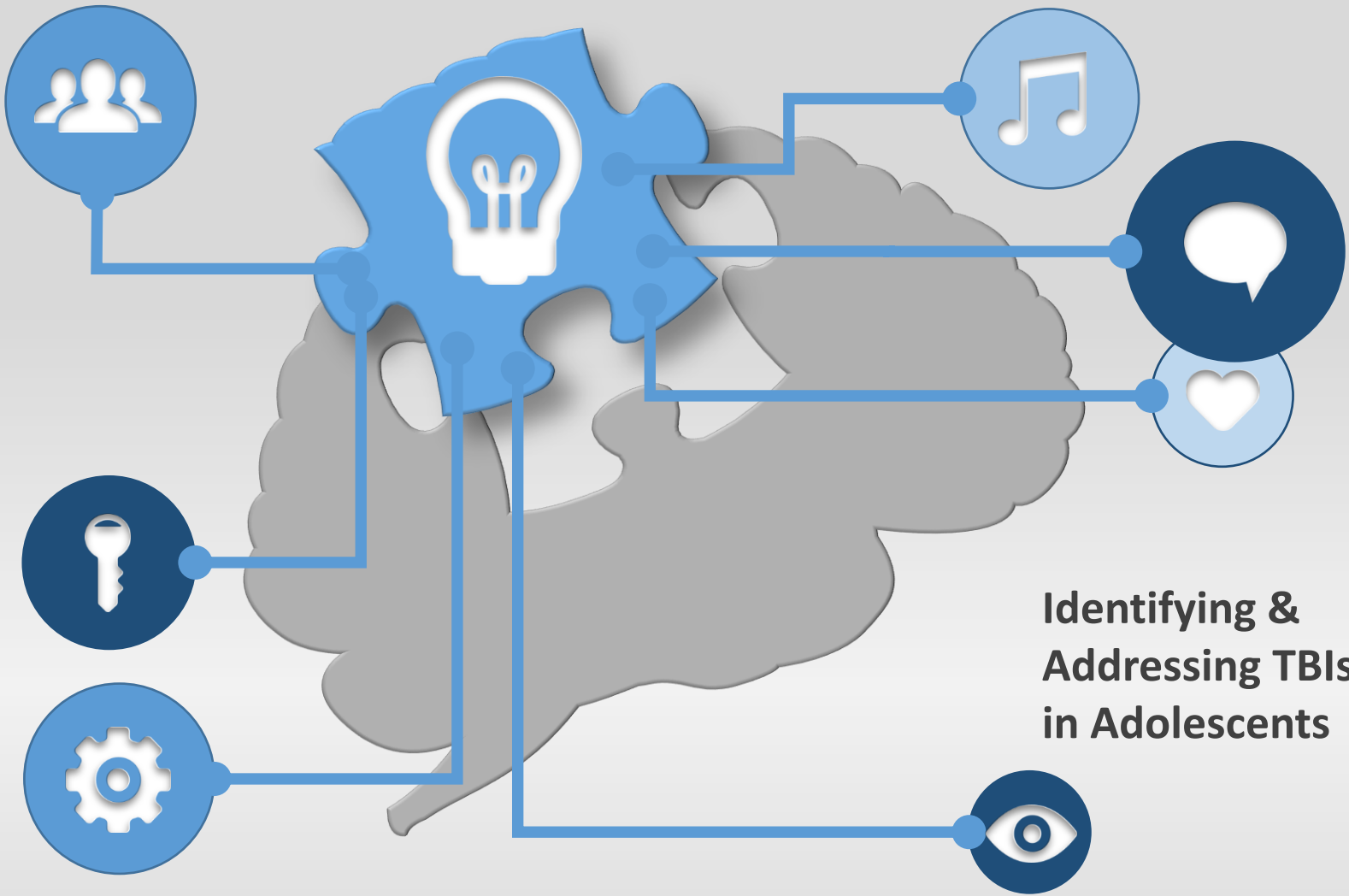
Kim Shumate

Clinical Services Director
El Paso County Juvenile
Justice Center



NASHIA

Youth Short Term Executive Plus (YSTEP)





YSTEP- Background & Development



YSTEP Programming



Questions & Answers





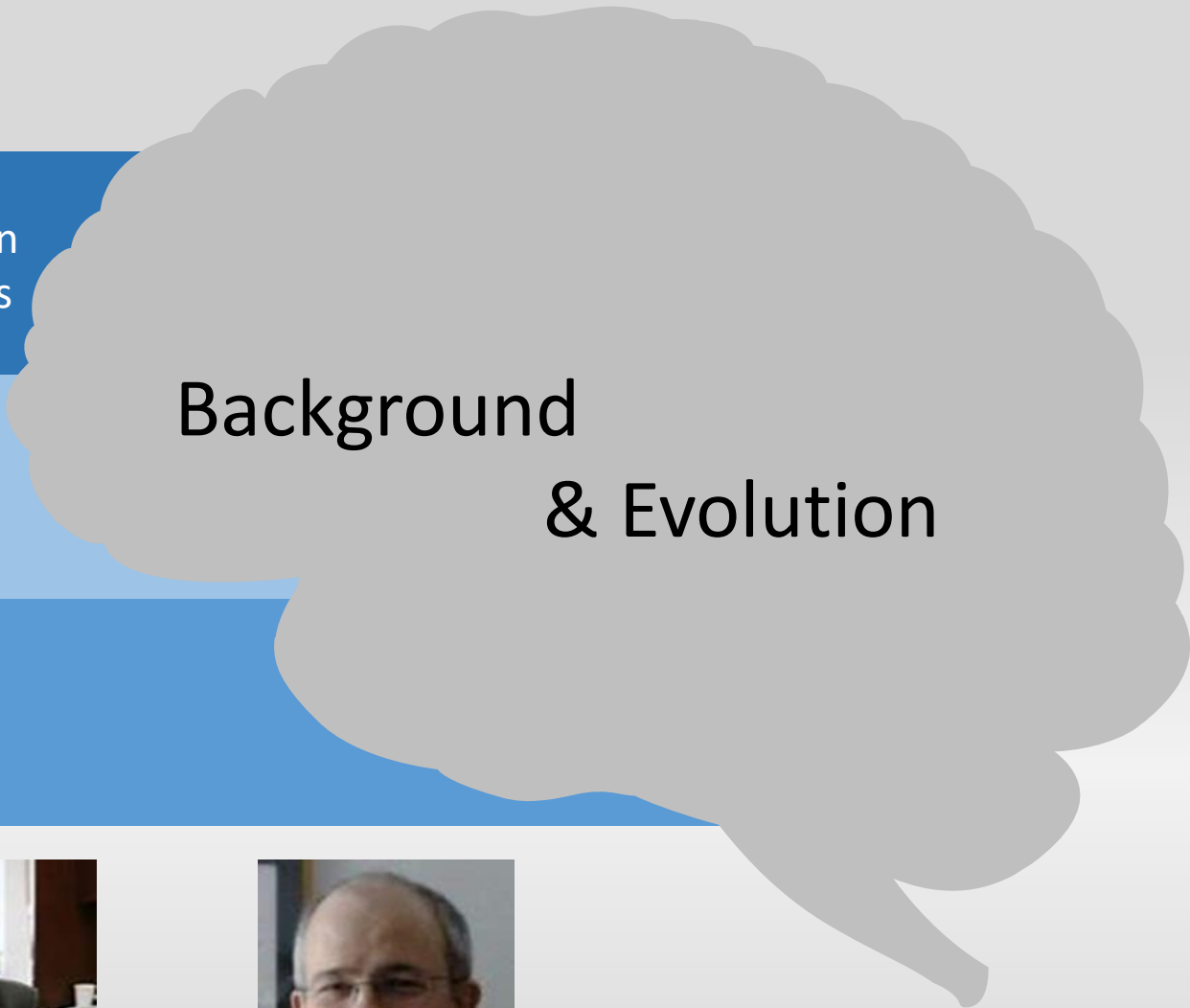
Screening for TBI in Justice Populations



Icahn School Of Medicine, Mt. Sinaia & TJJD



Development of YSTEP



Background & Evolution



CLYDE... THE... 1958

THE NEED: Habilitating the System & Youth

Adolescent Development

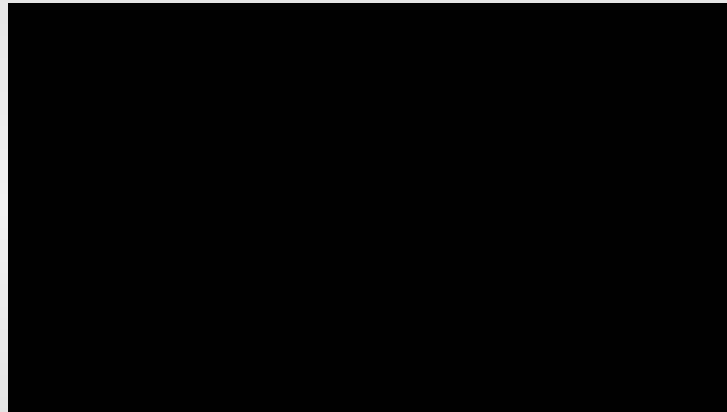
Impact of Physical and Emotional Development

TBI Screening Results

1 in 4 youth involved in the justice system met the criteria for a TBI.

Stigma and Resources:

Adolescence and Justice Involvement



<https://youtu.be/b-npaQ6b7XU>



The Impact of TBI:

Cognitive & Learning	Social, Emotional & Behavioral	Physical & Sensations
<ul style="list-style-type: none"> • Concentration • Attention • Communications • Writing Skills • Memory • Problem Solving • Reading • Math • Insight • Perception • Planning • Judgment • Sequencing • Organization • Orientation 	<ul style="list-style-type: none"> • Anxiety • Mood Swings • Agitation • Aggression • Depression • Self Centeredness • Impulsivity • Low Self Esteem • Loss and Grief • Restlessness • Low Motivation • Lower Inhibition • Vulnerability • Change in Peers 	<ul style="list-style-type: none"> • Speech • Swallowing • Seizure Disorders • Fatigue • Vision • Motor Skills • Sensory Impairments .



OUR VISION... YOUR FUTURE

The Discovery: Our Kids

Poor Decision Making

Behavior/Actions \neq Consequences

Poor Impulse Control

Aggression

Poor Insight

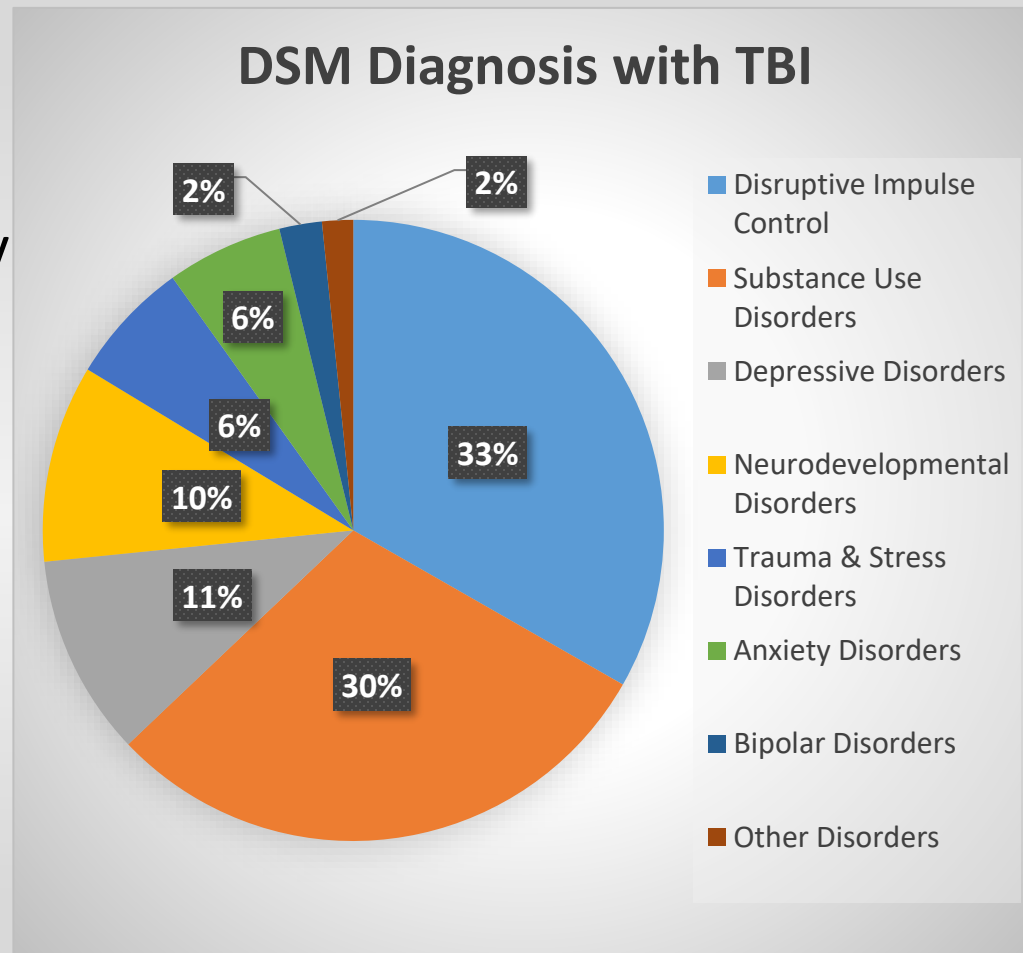
Youth and Family

Co-Occurring Disorders

Substance Use

Depression

Anxiety



The Program:

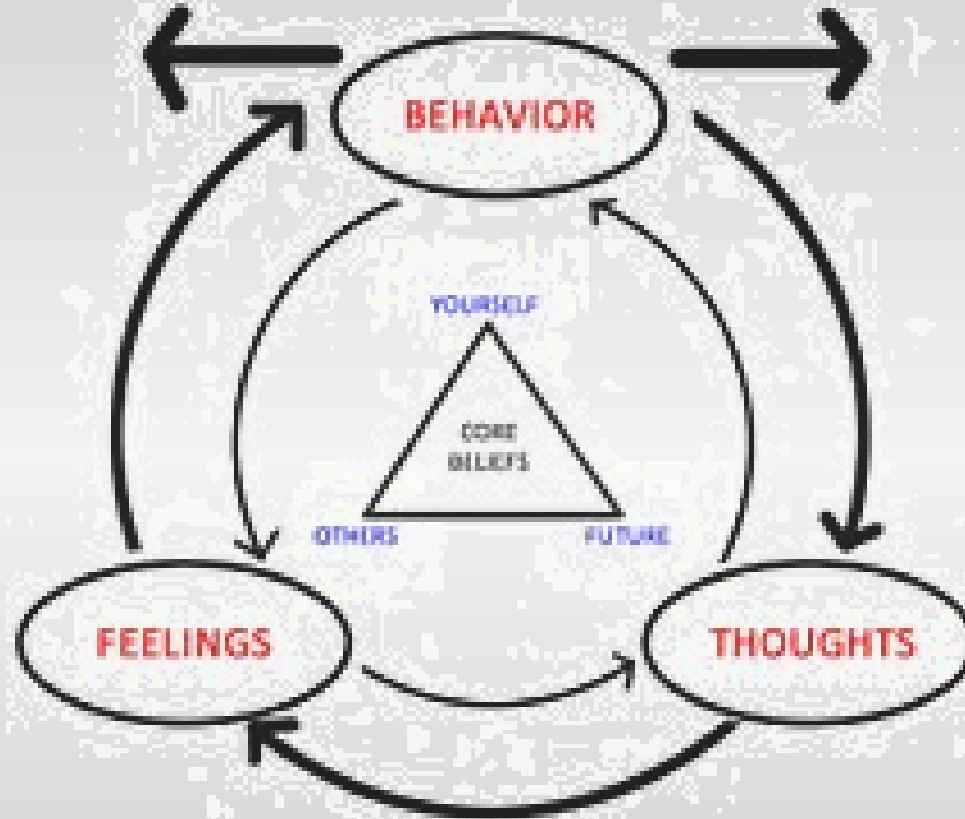
Youth Short Term Executive Plus



CLYDEBON... THE ELKSIN?

The Program: YSTEP

Based on the Short-Term Executive Plus Program
Increase cognitive Function & Decision-Making Skills

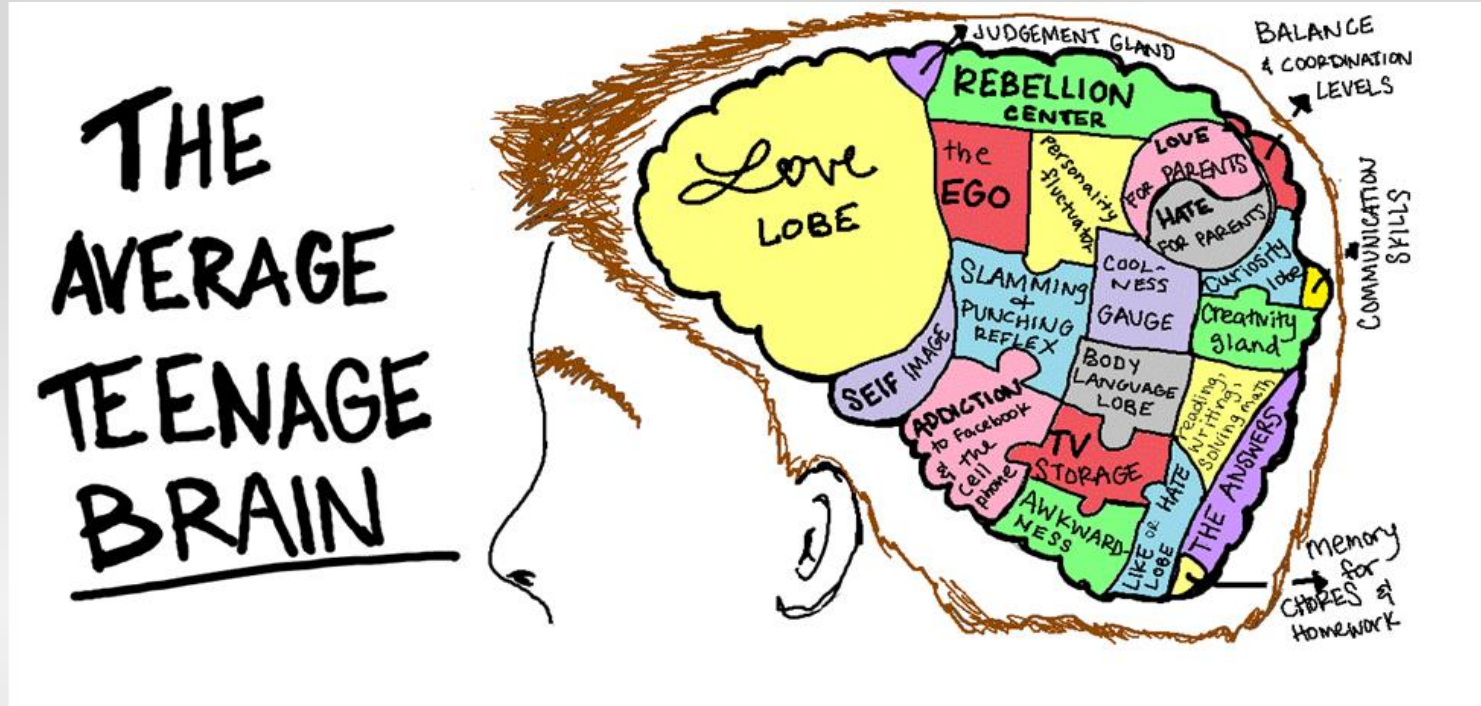


YSTEP- Program Content

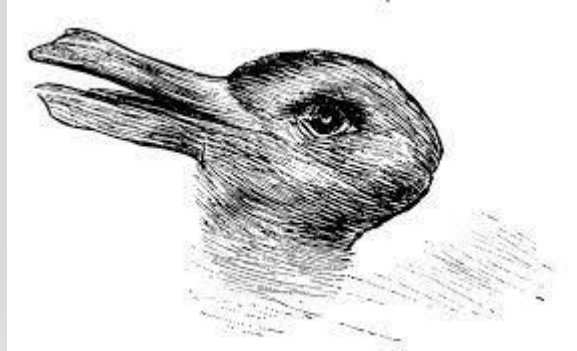
- Introduction
- Emotional Experiences & Triggers
- Sensations
- Sensations and Relaxation Strategies
- Thoughts
- Thoughts, Perceptions, & Decision Making
- Outcomes and Behaviors
- Non-Verbal Communication
- Communication Styles and Skills
- Integrating What You Have Learned



Flexible & Repetitive



Shifting the Senses:



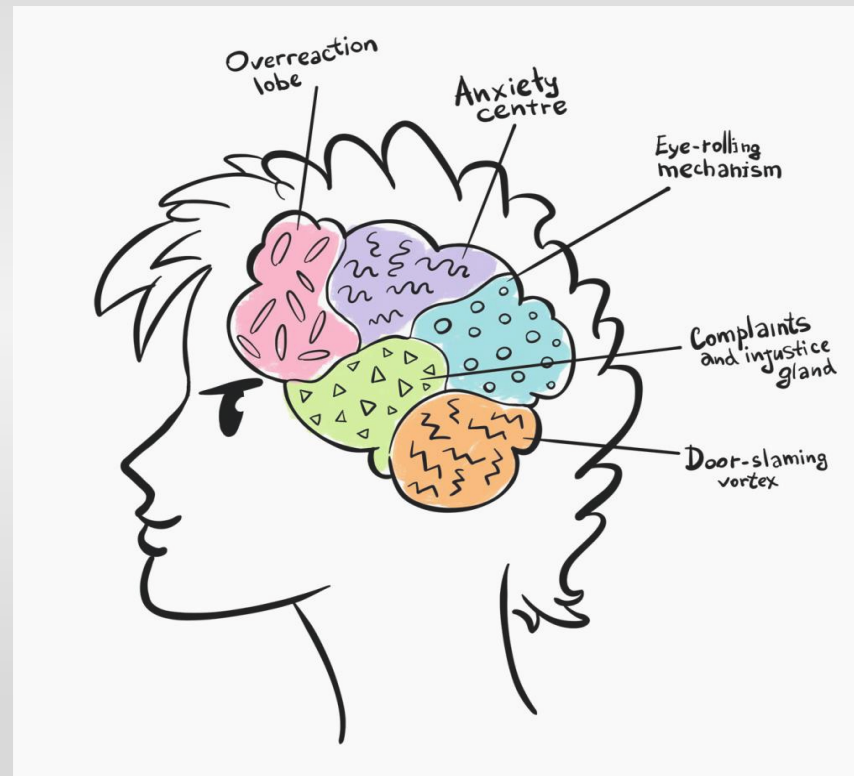
<https://youtu.be/gH476CxJxfg>



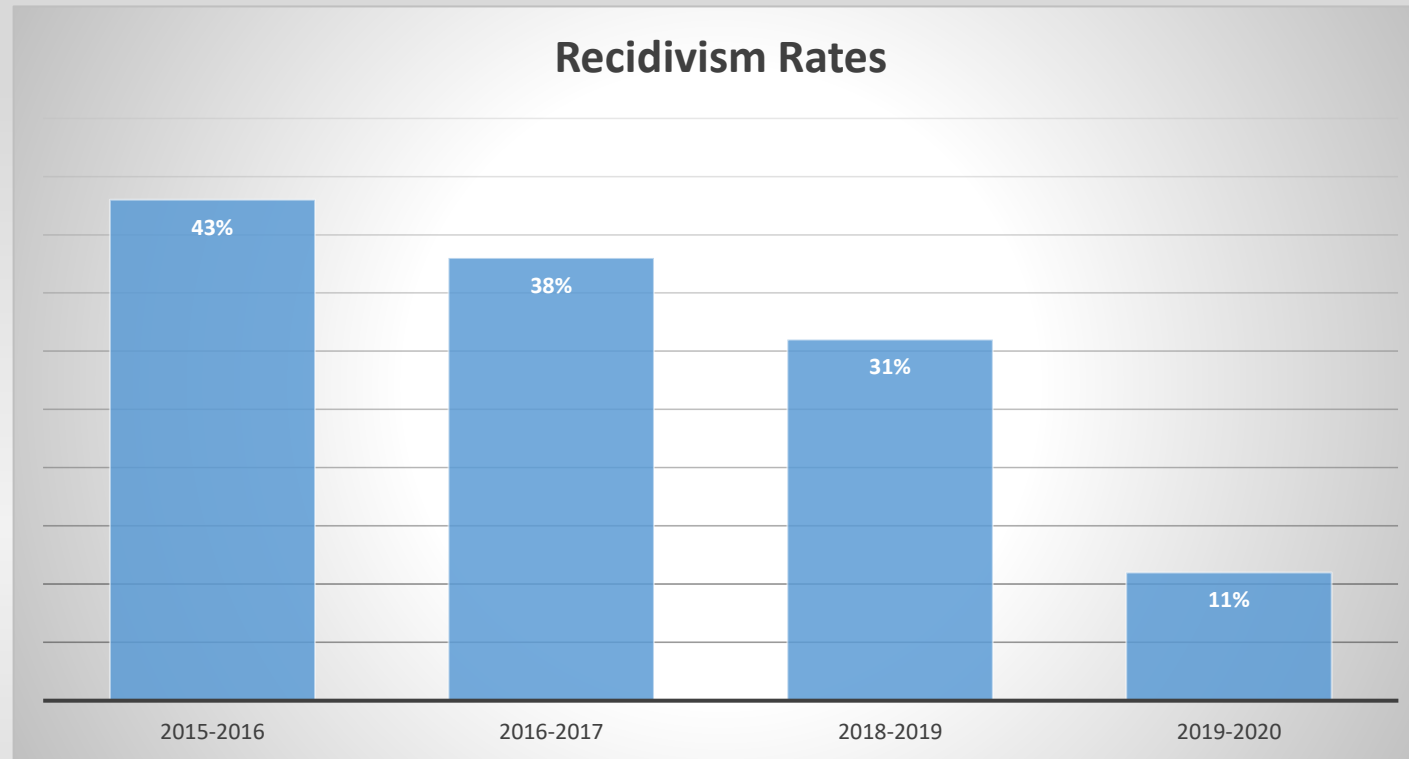
CLYDEBON... THE ELGIN

Parent Participation:

- 5-8 Weeks of Parenting Groups
- Adolescent Development
- TBI Impact
- Parenting Skills
- Behavior Management Strategies



Outcomes:



Questions, Concerns or Complaints?



**THANK YOU !
Appreciate your
time, attention &
interest. Appreciate
YOU!**

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El Paso County Juvenile Justice Center
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915-433-4381
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Questions?

Other Training Events

- On Demand Training at www.nashia.org
- NASHIA 2023 Series:
 - May 17: ***Brain Injury, Overdose & Harm Reduction***
 - 2:30-3:30pm ET
- SOS Conference



**Guiding Systems
Toward Change**

**34TH ANNUAL
STATE OF THE
STATES IN BRAIN
INJURY CONFERENCE**

September 11-14, 2023
Minneapolis, MN

Virtual Preconference:
September 7, 2023

support

grow

connect

 NATIONAL ASSOCIATION
OF STATE HEAD INJURY
ADMINISTRATORS

Thank you!

growing leaders.

