Behavioral Health is Essential To Health

Prevention Works

Treatment is Effective

People Recover
Revolutionizing Systems of Care for a Hidden Disorder: Traumatic Brain Injury

NASHIA/Home & Community Based Conference
September 10, 2012

Ruby V. Neville, MSW, LGSW
“As a Nation, we must work together to provide access to effective services that reduce substance abuse and promote healthy living.”

President Barack Obama
At its very core, our work today is about improving lives and ensuring peace of mind. It’s about getting the right care to the right person at the right time – each and every time.

Kathleen Sebelius
Secretary
U.S. Department of Health & Human Services

October 4, 2010
“In 2011, and beyond, SAMHSA will work to improve understanding about mental and substance use disorders, promote emotional health and the prevention of substance abuse and mental illness, increase access to effective treatment, and support recovery.”

Pamela S. Hyde, J.D.
Administrator, SAMHSA

Excerpt from Leading Change: A Plan for SAMHSA’s Roles and Actions 2011-2014
SAMHSA’s Role in Improving the Nation’s Health

→ Substance abuse, addictions, poor emotional health, and mental illnesses take a toll on individuals, families, and communities.

→ SAMHSA’s goal is a high-quality, self-directed, satisfying life integrated into a community for all Americans. This life includes:
  
  • **Health** – both emotional and physical
  • **Home** – a stable and safe place to live that supports recovery
  • **Purpose** – meaningful daily activities and independence
  • **Community** – relationships and social networks that provide support, friendship, love, and hope.

Source: Leading Change: A Plan for SAMHSA’s Roles and Actions 2011-2014
AIM: Improving the Nation’s Behavioral Health
1. Prevention
2. Trauma and Justice
3. Military Families
4. Recovery Support

AIM: Transforming Health Care in America
5. Health Reform
6. Health Information Technology

AIM: Achieving Excellence in Operations
7. Data, Outcomes & Quality
8. Public Awareness & Support
TBI-High Risk Population for Substance Abuse

According to jail and prison studies, 25-87% of inmates report having experienced a head injury or TBI as compared to 8.5% in a general population reporting a history of TBI.
TBI-High Risk Population for Substance Abuse

Women with substance use disorders have an increased risk for TBI compared with other women in the general U.S. population.

Preliminary results from one study suggest that TBI among women in prison is very common.
TBI-High Risk Population for Substance Abuse

Studies of prisoners’ self-reported health indicate that those with one or more head injuries have significantly higher levels of alcohol and/or drug use during the year preceding their current incarceration.6
Reference on TBI, Prison, and Substance Abuse


• [www.cdc.gov/ncipc/tbi/TBI.htm](http://www.cdc.gov/ncipc/tbi/TBI.htm)
Locations Where Past Year Substance Use Treatment was Received (Persons 12+): 2010

- Self-Help Group: 56.9%
- Outpatient Rehabilitation: 41.1%
- Outpatient Mental Health Center: 24.3%
- Inpatient Rehabilitation: 24.0%
- Hospital Inpatient: 17.8%
- Private Doctor's Office: 15.9%
- Emergency Room: 11.4%
- Prison or Jail: 8.3%

Source: NSDUH 2010
The traditional approach of substance abuse treatment for survivors of traumatic brain injury does not always successfully address all the issues of this population. Survivors often leave these settings because of their inability to work within the rules imposed. They end up back in the same situations and cycle back into substance abuse treatment programs.

(http://tbi.unl.edu/savedTBI/substance/intervention.htm)
Recovery Support & Treatment

Preventing Incarceration with Coordinated Recovery Support Services for TBI Clients
The Role of Recovery Support Services in Recovery

• Treatment is part of recovery --- but it is not equal to recovery.
• The goal of treatment is absence of symptoms.
• The goal of recovery is holistic health.
• Recovery support services are grounded in a strength-based approach that focuses on wellness and a full reengagement with the community.
• Peer-to-Peer supports offer a range of services that include emotional, informational, instrumental, and affiliational supports. (Ex. TBI Peer Support Progs)
Coordination of Recovery Support Services – Preventing Incarceration

• Critical that there is a coordinated team effort to help the person with a TBI be successful. The counselors need to be educated on brain injury and its effects. With a team approach, the survivor will be able to address cognitive, physical rehabilitation, psychological, employment, housing, legal, and other issues with professional and nonprofessional guidance.
Addressing Post Release through Coordinated Treatment and Recovery Support Services

• Post Incarceration requires
  – Re-entry staff to be trained in a history of TBI and provide access to appropriate consultation with other professionals with expertise in TBI.
  – Transition Services accommodate problems resulting from TBI
  – Case Management Services and Placement in Community Treatment Programs
SAMHSA’s Recovery Support Strategic Initiative Goals

• **Health:** Promote health and recovery-oriented service systems for individuals with or in recovery from mental and substance use disorders.

• **Home:** Ensure that permanent housing and supportive services are available for individuals with or in recovery from mental and substance use disorders.

• **Purpose:** Increase gainful employment and educational opportunities for individuals with or in recovery from mental and substance use disorders.

• **Community:** Promote peer support and the social inclusion of individuals with or in recovery from mental and substance use disorders in the community.
The Recovery Support Strategic Initiative has identified among others, areas below as top priority –

• Provide training and technical assistance on recovery and recovery-oriented systems, services and supports through the Bringing Recovery Support to Scale Technical Assistance Center (BRSS TACs).

• Engage individuals in recovery and their families in self-directed care, shared decision-making, and person-centered training.
Treating Clients With Traumatic Brain Injury

Substance Abuse Treatment Advisory, Vol. 9, Issue 2

Write a Comment

Price: FREE (shipping charges may apply)

Offers guidance on treating with people with traumatic brain injury (TBI), a frequent condition co-occurring with substance abuse disorder. Gives an overview of TBI, discusses links between TBI and substance abuse, and includes tips to use for clients with TBI.

Pub id: SMA10-4591
Publication Date: 2/2011
Popularity: 234
Substance Use Disorder Treatment for People with Physical and Cognitive Disabilities

Quick Guide for Administrators Based on TIP 29

Price: FREE (shipping charges may apply)

Helps substance abuse treatment administrators address barriers faced by people with physical disabilities and developmental disabilities. Discusses the Americans with Disabilities Act, discriminatory policies, practices, and procedures; and funding issues.
MILITARY FAMILIES

Screening, Brief Intervention, and Referral to Treatment (SBIRT) in Military Settings.

The purpose of this program is to implement SBIRT services for adults in primary care and community health settings for substance misuse and substance use disorders.
STRATEGIC INITIATIVE 3: MILITARY FAMILIES

The program is designed to expand/enhance the continuum of care for substance misuse services and reduce alcohol and drug consumption and its negative impact on health. CSAT continues to collaborate with the Walter Reed National Military Hospital to present SBIRT training to residents and other primary care providers.
STRATEGIC INITIATIVE 3: MILITARY FAMILIES

There are plans to collaborate with the Navy to provide more training and train-the-trainer events to further introduce SBIRT into military settings.
ATTC and Other Trainings

Addiction Technology Trainings

Assertive Adolescent Family Treatment Trainings on TBI for Adolescent S.A. Tx Providers
Access to Recovery (ATR)

- Recovery Support Services that can be paid for by ATR vouchers include:
  - Employment coaching
  - 12 step groups
  - Spiritual support
  - Housing support
  - Child care
  - Literacy training
  - Traditional Practices (elder mentoring, sweat lodges, etc.)
ACCESS TO RECOVERY (ATR)

• ATR activities apply to multiple Strategic Initiatives:
  • 2. Trauma and Justice;
  • 3. Military Families; and
  • 4. Recovery Support.
ACCESS TO RECOVERY (ATR)

• The ATR program facilitates individual choice and promotes multiple pathways to recovery through voucher systems for substance abuse treatment and recovery support services. Over 210,000 clients were served previously during the second cohort of ATR.
The third cohort of ATR, comprising 23 States, 6 Tribes and the District of Columbia, has completed the first year successfully.

As the program nears completion of the second year, data show that over 115,000 clients have received services during the first two years.
Data also show that clients served have demonstrated positive outcomes with respect to employment, housing, criminal justice involvement, abstinence from substance use and social connectedness.
## ATR: Outcomes

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<tr>
<th>Clients reporting...</th>
<th>At Intake</th>
<th>6-Month Follow-up</th>
<th>Difference</th>
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<tbody>
<tr>
<td>No substance use</td>
<td>63.1%</td>
<td>80.9%</td>
<td>↑ 28.1%</td>
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<tr>
<td>Being employed</td>
<td>35.2%</td>
<td>49.5%</td>
<td>↑ 40.8%</td>
</tr>
<tr>
<td>Being housed</td>
<td>38.3%</td>
<td>47.2%</td>
<td>↑ 23.4%</td>
</tr>
<tr>
<td>No arrests</td>
<td>94.9%</td>
<td>96.7%</td>
<td>↑ 1.9%</td>
</tr>
</tbody>
</table>

Source: GPRA through 11/23/11
Recovery Month promotes the societal benefits of prevention, treatment, and recovery for mental and substance use disorders, celebrates people in recovery, lauds the contributions of treatment and service providers, and promotes the message that recovery in all its forms is possible. Recovery Month spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective and people can and do recover.
The goal of recovery is for individuals to lead successful, satisfying, and healthy lives integrated in the community. This requires the availability of prevention, health care, treatment, and recovery support services. Community-based organizations play a vital role in addressing the diverse needs of people in recovery from mental and/or substance use disorders.
The theme emphasizes that while the road to recovery may be difficult, the benefits of preventing and overcoming mental and substance use disorders are significant to individuals, families, and communities.
2012 National Recovery Month Theme: “Join the Voices for Recovery: It’s Worth It.”

The Road to Recovery Television series reaches 27.7 million cable households in the United States (including American Samoa) generating approximately $16.9 million in free airtime and the shows continue to air on average 12 times a month.
2012 National Recovery Month Theme: “Join the Voices for Recovery: It’s Worth It.”

- DishNetwork and Channel 9412 (both are satellite), through the University of Southern California, air the series reaching 20 million households and generating approximately $288,000 annually in free airtime.
The combination of cable and satellite distribution generates over $17.3 million per year in free airtime, reaching 47.7 million households or 48 percent of all cable and satellite households in the United States.
2012 National Recovery Month Theme: “Join the Voices for Recovery: It’s Worth It.”

In addition, the *Road to Recovery* radio series airs on 75 radio stations across the country (mostly Native American stations), reaching an estimated 13.8 million potential listeners.
2012 National Recovery Month Theme: “Join the Voices for Recovery: It’s Worth It.”

• The 2012 Recovery Month toolkit and public service announcements (PSAs) are available via the Recovery Month Web site. The use of social networking via YouTube, Twitter, Facebook, blogger and mobile options is continuing to engage more people in the process. Three Twitter chats have been held in 2012 to engage the public on behavioral health issues which included recovery support and veterans and military families.
Youth and Young Adults in Recovery

"Recovery taught me how to think differently, live differently, make better decisions."

Glenn Williams
2012 Banners, Logos, and Flyers

Please consider linking to http://www.recoverymonth.gov from your website and bookmark the site on computers in your organization, school, or library to help us reach more people who need reliable substance abuse treatment information.

You can help get the word out by putting one of the links shown below on your page. Just choose a graphic you like from the examples below, then copy and paste the block of HTML code under it right into your Web page.

The 2012 Recovery Month theme PMS colors are: the Purple is PMS 268, and the Red/Pink is PMS 7425.

For your convenience, we have included links back to graphics on our site, but you may copy the graphics to your site if you wish. When you do link to the site, please send an email to let us know you have posted our banners. Thanks for your support.

Recovery Month Logos
March: Join the Voices for Recovery: It's Worth It
(Premiered: 03/07/2012)

The National Recovery Month (Recovery Month) campaign offers help and hope not only for individuals receiving recovery services and in recovery but also for families, loved ones, and friends. The benefits of treatment and recovery-oriented services and supports in behavioral health ripple out across entire communities throughout our Nation, proving there are effective treatments and that people do recover. As the Road to Recovery series kicks off its 12th season, this episode will highlight the many accomplishments of the 2011 Recovery Month campaign and look forward to recovery month of 1 September 2012. Recovery Month
The 2013 theme *Join the Voices for Recovery: Together on Pathways to Wellness* highlights the fact that there are many pathways to recovery and encourages individuals to seek the appropriate treatment for themselves or someone they know.
Helping Hands Provide a Strong Source of Support
Other SAMHSA Resources to Support Recovery
• This Locator provides you with comprehensive information about mental health and substance abuse treatment services and resources and is useful for professionals, consumers and their families, and the public.

Log on to: [http://www.samhsa.gov/treatment/index.aspx](http://www.samhsa.gov/treatment/index.aspx)

Or Call

1-800-662-HELP
SuicidePreventionLifeline.org

Find Help for Suicide Prevention
1-800-273-TALK(8255)
SAMHSA News: What Military Patients Want Civilian Providers to Know

SAMHSA News, Fall 2011, Vol. 19, No. 3

Price: FREE (shipping charges may apply)

Reports on service members' frustration with the lack of understanding of military culture among many civilian providers and SAMHSA's efforts to address their concerns; how block grants are responding to state needs; new data on the rise of illicit drug use; and celebratory events during National Recovery Month.
Coming Home: Supporting Military Service Members, Veterans, and Their Families

Recovery Month Webcast: August 1, 2012

Price: FREE (shipping charges may apply)

Describes the challenges facing military personnel, veterans, and their families, the mental health and substance abuse support available from the U.S. Department of Veterans Affairs and civilian health systems, and the need to expand family-centered treatment approaches.
Military Families: Access to Care for Active Duty, National Guard, Reserve, Veterans, Their Families and Those Close to Them

Recovery Month Webcast: May 4, 2011

Price: FREE (shipping charges may apply)

Explores the nature and scope of substance use and mental disorders among military service members. Examines the strength of the system to address these problems.
Ruby Neville, Member of the ICDR Interagency Subcommittee on Health and Healthcare Disparities (ISHHD) is a diverse group of Federal subject matter experts in health and healthcare disparities for people with disabilities. The ISHHD provides expertise and advice to promote interagency coordination and collaboration and facilitate research that informs practice, policy, and service delivery to promote the health and participation of people with disabilities.