

IMPLEMENTING A PLAN IN YOUR STATE

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Outline

- Partnerships
- Sample Guide
- Training
- Implementing Return to Academics and Play
 - tools
- From the Athlete
- Changing Culture
- Q &A

Danny has No Plan

OREGON'S RESPONSE: MAX'S LAW

All Coaches must be trained annually

Student are removed from play

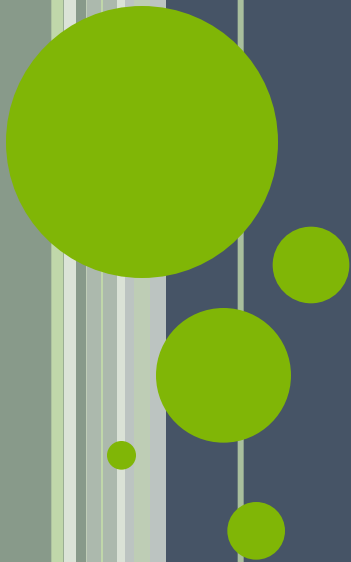
Secure a medical clearance

School makes final decision about
return to academics and play



PARTNERSHIPS

SPORTS CONCUSSION GUIDE



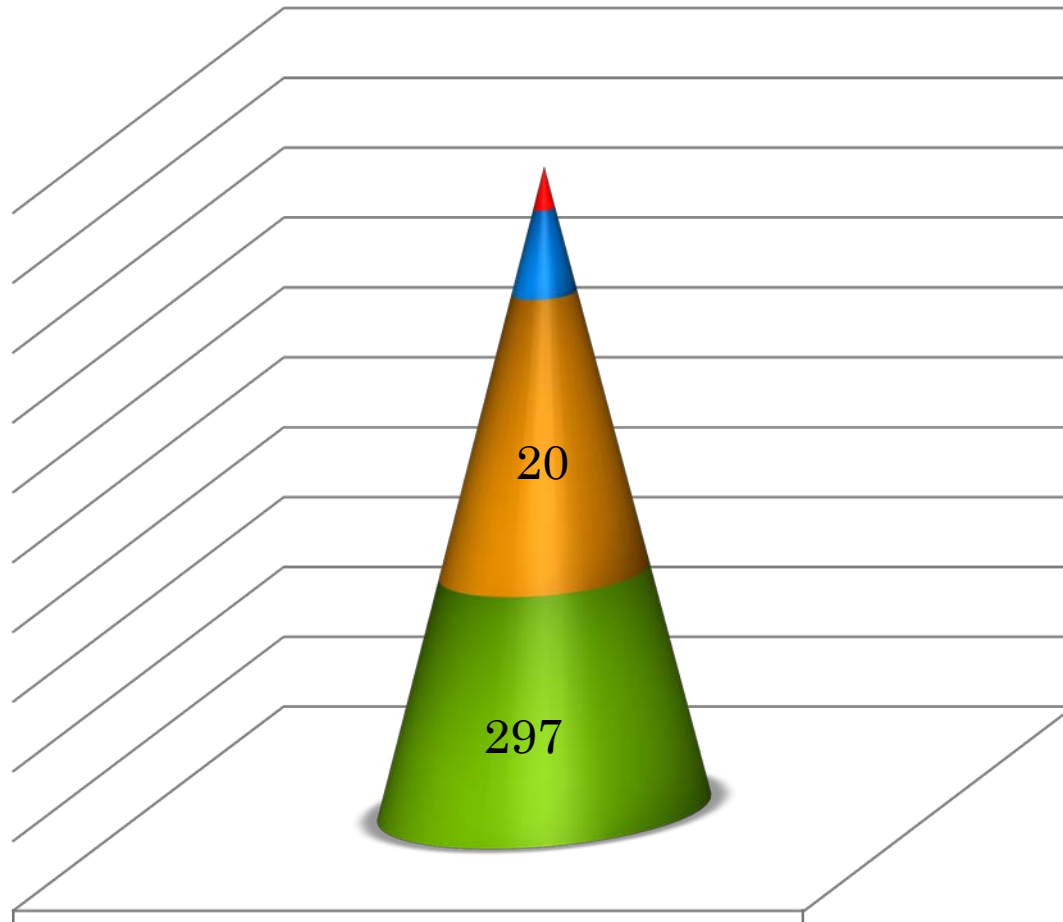
Create a District PLAN

- Implementation of best practices leading to policy
- Create policy leading to implementing best practices

Samples

- School Policy
- Create a school team
- Student tracking form
- Checklist for documentation

One District's Experience



- Potential SPED involvement
- Received up to 3+ weeks flexible accommodations
- Received up to 2 weeks flexible accommodations
- All Fall Athletes

Critical Components

- One concussion management “champion” in the school
- Regular communication between athletic and academic staff
- Using existing systems and keeping it simple
- Communication with the family

Lessons Learned

- Not many students needed accommodations past the first 2 weeks; most students just needed teachers to be flexible for 2 weeks
- Important to use ImPACT WITH other concussion management tools
- Pre-vs-post injury note taking

A decorative graphic on the left side of the slide. It features a vertical gradient bar transitioning from light green to white. To the right of this bar are several vertical lines of varying thicknesses. Further right, there are five solid green circles of different sizes arranged in a cluster. The word "TRAINING" is positioned to the right of these circles.

TRAINING

Training

- Medical
- Athletics Staff
- Parents
- Students
- School Staff

Training





RETURN

Return to Academics

Return to Play



R-R-R-R
Activity



BLAKE LAWRENCE



CHANGING CULTURE



Key Points

- Training on best practice is needed
- A process is needed that includes
 - Policy
 - Plans
 - Team decision making
 - Communication
 - Flexibility



QUESTIONS & ANSWERS



THANK YOU!